



# The Wellness ZENter

Sponsored by Sedgwick



## Health and productivity in the workplace

Be in the know! Join us in the Wellness ZENter, a new RIMS venue featuring guidance and resources for health and productivity in the workplace. Meet at booth 137 during exclusive exhibit hall hours for thought-provoking discussions.

**MONDAY** | April 24

**10:15 AM**

### Health and productivity in the workplace – the Monday lineup!

Kimberly George | SVP, Corporate Development, M&A, and Healthcare | Sedgwick

**10:30 AM – 11:00 AM**

### Corporate wellness

Wellness and health for individuals and populations translates to wellness of a company. Learn from an industry leader how health and productivity add up to business performance.

Dave North | President and CEO | Sedgwick  
Shawn Leavitt | SVP, Global Benefits | Comcast

**11:15 AM – 12:00 PM**

### A consumer's health journey: The three pillars of health

Wellness is complex. To achieve wellness, we need to contemplate the three pillars of health – physical, emotional and financial. How

can a consumer achieve wellness and focus on well care in the complex maze of benefits? We will share the importance of supporting consumers through their journey toward healthy outcomes.

Kimberly George | SVP, Corporate Development, M&A, and Healthcare | Sedgwick  
Rob Cavanaugh | President | Accolade  
Shawn Leavitt | SVP, Global Benefits | Comcast

**4:00 PM – 5:00 PM**

### Whole health: How do employers streamline benefit models to improve health and productivity?

This discussion will dig deeper into the integration of benefits and how future models may address well care, sick care and seamless benefits for consumers with healthcare, workers' compensation, disability, leave and accommodations.

Bryon Bass | SVP, Disability and Absence | Sedgwick  
Robin Joines | Risk Manager | Sedgwick  
Rob Cavanaugh | President | Accolade



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## TUESDAY | April 25

12:00 PM

### Health and productivity in the workplace – the Tuesday lineup!

Kimberly George | SVP, Corporate Development, M&A, and Healthcare | Sedgwick

12:15 PM – 1:15 PM

### The power of resilience

The science of resilience is a powerful tool when considering workforce wellness. Companies are deploying resilience training across their organizations to improve employees' ability to bounce back after a rough day, feedback or a challenging assignment. Resilience impacts recovery following an injury or illness. The more resilient an organization's employees are, the healthier the company.

Kimberly George | SVP, Corporate Development, M&A, and Healthcare | Sedgwick  
Jan Bruce | CEO | meQuilibrium

4:00 PM – 5:00 PM

### Consumer experience drives engagement

Consumer experience is important to outcomes. In this discussion, our experts will share how experience drives engagement and

engagement drives outcomes. Join the conversation around consumer experience in both healthcare and workers' comp and learn why it should matter to your company.

Dr. Teresa Bartlett | SVP, Medical Quality, Managed Care | Sedgwick  
Will Smith | Chief Product Officer | One Call Care Management  
Shaun Rahimi | CEO | Enso

## WEDNESDAY | April 26

12:00 PM

### Health and productivity in the workplace – the Wednesday lineup!

Kimberly George | SVP, Corporate Development, M&A, and Healthcare | Sedgwick

12:15 PM – 1:30 PM

### The work/health relationship

There are many interesting facts surrounding the work/health relationship. Join us for a lively discussion about a recent study that was featured in the February issue of *Health Affairs*.

Darrell Brown | Chief Claims Officer | Sedgwick  
Brian Gifford | Director, Research and Measurement | Integrated Benefits Institute